

TOSA KICKERS

# CONCUSSION SIGNS AND SYMPTOM EVALUATION



## SIGNS OBSERVED BY STAFF

- Appears dazed or stunned
- Is confused about assignment
- Forgets play
- Is unsure of the game, score, or opponent
- Moves clumsily
- Answers questions slowly
- Loses consciousness (even temporarily)
- Shows behavior or personality changes
- Forgets events prior to hit (retrograde)
- Forgets events after hit (anterograde)

## SYMPTOMS REPORTED BY ATHLETE

- Headache
- Nausea
- Balance problems or dizziness
- Double or fuzzy vision
- Sensitivity to light or noise
- Feeling sluggish
- Feeling “foggy”
- Change in sleep pattern
- Concentration or memory problems

## SYMPTOMS MAY WORSEN WITH EXERTION

### ATHLETE SHOULD NOT RETURN TO PLAY UNTIL SYMPTOM-FREE

**1** Ask the athlete the following questions:  
What field is this?  
What is the name of your team?  
What month is this? What day is this?  
What city is this?

**2** Ask the athlete to repeat the following words:  
Girl, dog, green

**3** Ask the athlete the following questions:  
What do you remember just prior to the hit?  
What half is this?  
What is the score of the game?  
Do you remember the hit?

**4** Ask the athlete to do the following:  
Repeat the days of the week backwards  
(starting with today)  
Repeat these numbers backwards:  
63 (36 correct) 419 (914 correct)

**5** Ask the athlete to repeat the three words ask earlier: (girl, dog, green)

**ANY FAILURE SHOULD BE  
CONSIDERED ABNORMAL.  
CONSULT A PHYSICIAN FOLLOWING  
A SUSPECTED CONCUSSION**